

Manifest Your Year 2026

★ Your Power Word: The Anchor: the energetic theme for your year. It's your compass, guiding you when things feel uncertain.

My Power Word is:



Reflection Prompts:

- What energy or feeling do you want to embody this year?
- What word describes your best self in 2026?
- How does this word make you feel when you say it out loud?

🌈 Suggested Categories of Focus

Choose **4-5** areas that feel most alive and exciting. These are where your time, energy, and creativity will flow. Circle the categories that feel most aligned right now.

Category	Focus Area Ideas
Health & Wellness	Physical vitality, energy, sleep, nutrition, and mental health.
Career & Livelihood	Professional goals, job satisfaction, new ventures, meaningful work.
Wealth & Abundance	Savings, investments, debt payoff, earning goals, and financial ease.
Relationships / Social	Partner, family, friendships, community, and how love is expressed.
Personal Growth	Learning, new skills, spiritual practice, healing, and mindset shifts.
Home & Environment	Ideal living space, decorating, decluttering, and creating sanctuary.
Adventure & Travel	Specific trips, nature experiences, new activities, and spontaneous fun.
Joy & Creativity / Passion Projects	Hobbies, play, artistic pursuits, downtime, and effortless happiness.
Other ideas: Connection, Contribution, Mental, Spiritual, Life & Home	Deepening relationships, community bonds, and authentic communication.

★ Prompts

- What do I want to feel more of this year?
- What experiences do I want to attract?
- What habits or beliefs am I ready to release?
- What would make 2026 feel extraordinary?